

Forest Glen Kitchen

VOLUME I 2026

PROVISIONS

FOREST GLEN KITCHEN

VOLUME I

PROVISIONS

Thoughtfully caring for kitchens, so families can spend more time caring for one another.



Food should support life, not complicate it.

PROVISIONS FOR MODERN LIVING

Every Home Has a Rhythm



EVERY HOME HAS A RHYTHM

The kitchen sets the rhythm.

Every home has a rhythm.

Some are hurried.

Some are joyful.

Some feel wonderfully unhurried.

Some quietly carry more than they should.

More often than not, the kitchen sets that rhythm.

It shapes the beginning and the end of every day.

It influences the choices we make when we're tired.

The conversations we have around the table.

The traditions our children remember.

The way we care for ourselves.

And the way we care for one another.

Imagine opening your refrigerator after a long day.

Fresh herbs resting in water.

Beautiful vegetables, washed and ready.

Soup waiting for tomorrow's lunch.

Bread cooling on the counter.

A thoughtfully prepared dinner, ready for finishing touches.

Healthy choices within easy reach.

Nothing forgotten.

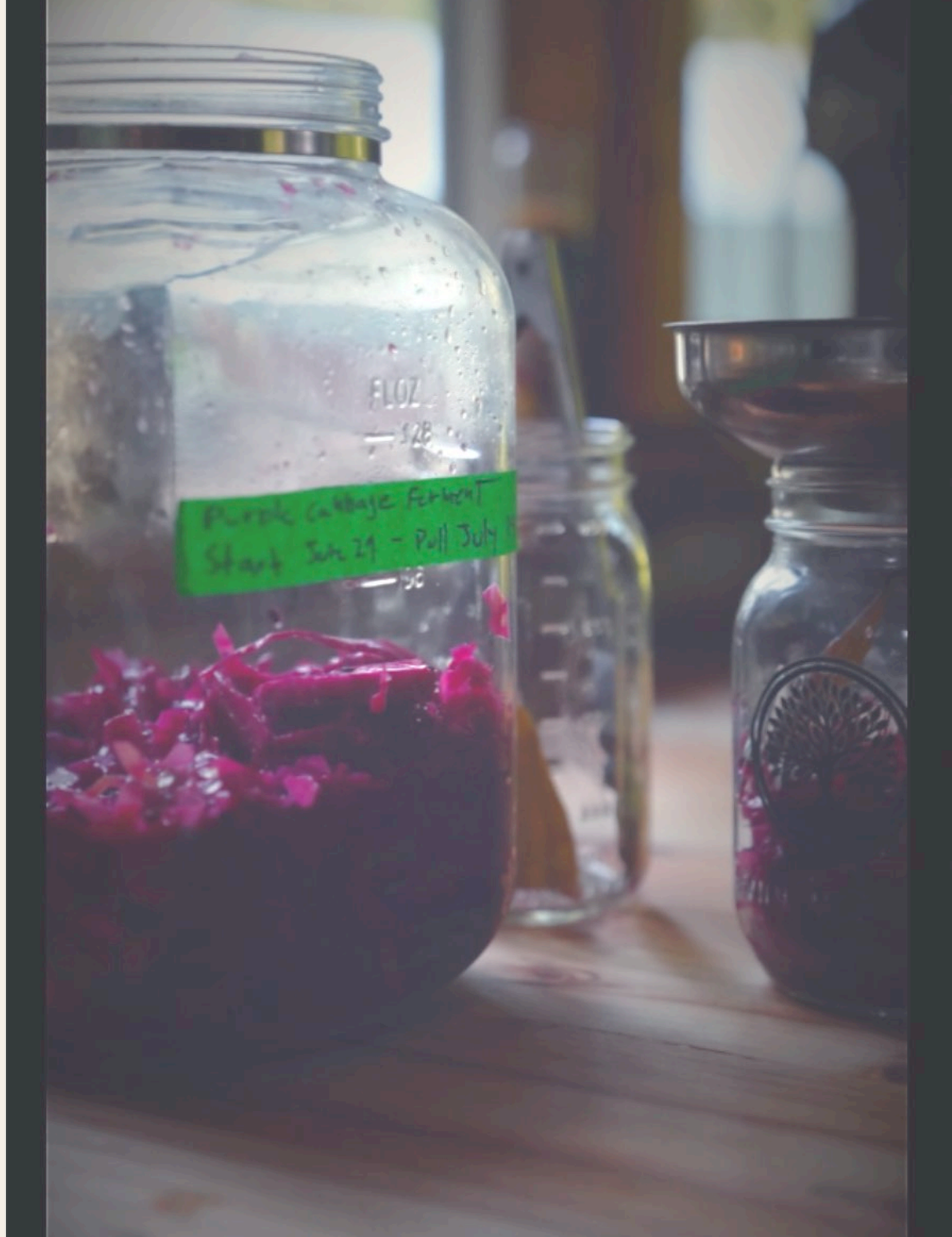
Nothing wasted.

Nothing asking for one more decision.

Just the quiet confidence of knowing your kitchen is ready to care for the people who live there.

This is not simply about food.

It is about how a home feels.



02 · RESTORATION

We Have Forgotten What Kitchens Were Meant to Be

Nothing extraordinary. Just everyday care.



WE HAVE FORGOTTEN WHAT KITCHENS WERE MEANT TO BE

A place of restoration.

For generations, the kitchen was more than a place to prepare meals.

It was where bread was baked.

Vegetables were preserved.

Stocks simmered quietly on the stove.

Coffee lingered a little longer.

Children wandered in after school.

Family recipes became traditions.

Meals followed the seasons.

Nothing extraordinary.

Just everyday care.

Today, many kitchens have become places of interruption instead of restoration.

They ask more of us than they give back.

The refrigerator fills with forgotten groceries.

Dinner becomes another decision after a long day.

Healthy intentions quietly give way to convenience.

Forest Glen Kitchen exists to help restore something that has been quietly lost.

Not by recreating the past.

But by bringing its best qualities into modern life.

A thoughtfully maintained kitchen doesn't simply feed a household.

It creates calm.

It creates rhythm.

It creates space for living.



A Modern Caretaker



Preparation. Attention. Foresight.







A MODERN CARETAKER

Someone thoughtfully paying attention.

Forest Glen Kitchen is not simply a chef service.

It is the quiet stewardship of one of the most important rooms in your home.

Every household deserves someone thoughtfully paying attention.

Someone who notices when the pantry is running low.

Who rotates ingredients before they are forgotten.

Who remembers your favorite soup.

Who prepares nourishing meals before life becomes busy.

Who bakes fresh bread.

Who preserves the abundance of summer.

Who sharpens the knives.

Who organizes the refrigerator.

Who labels ingredients with care.

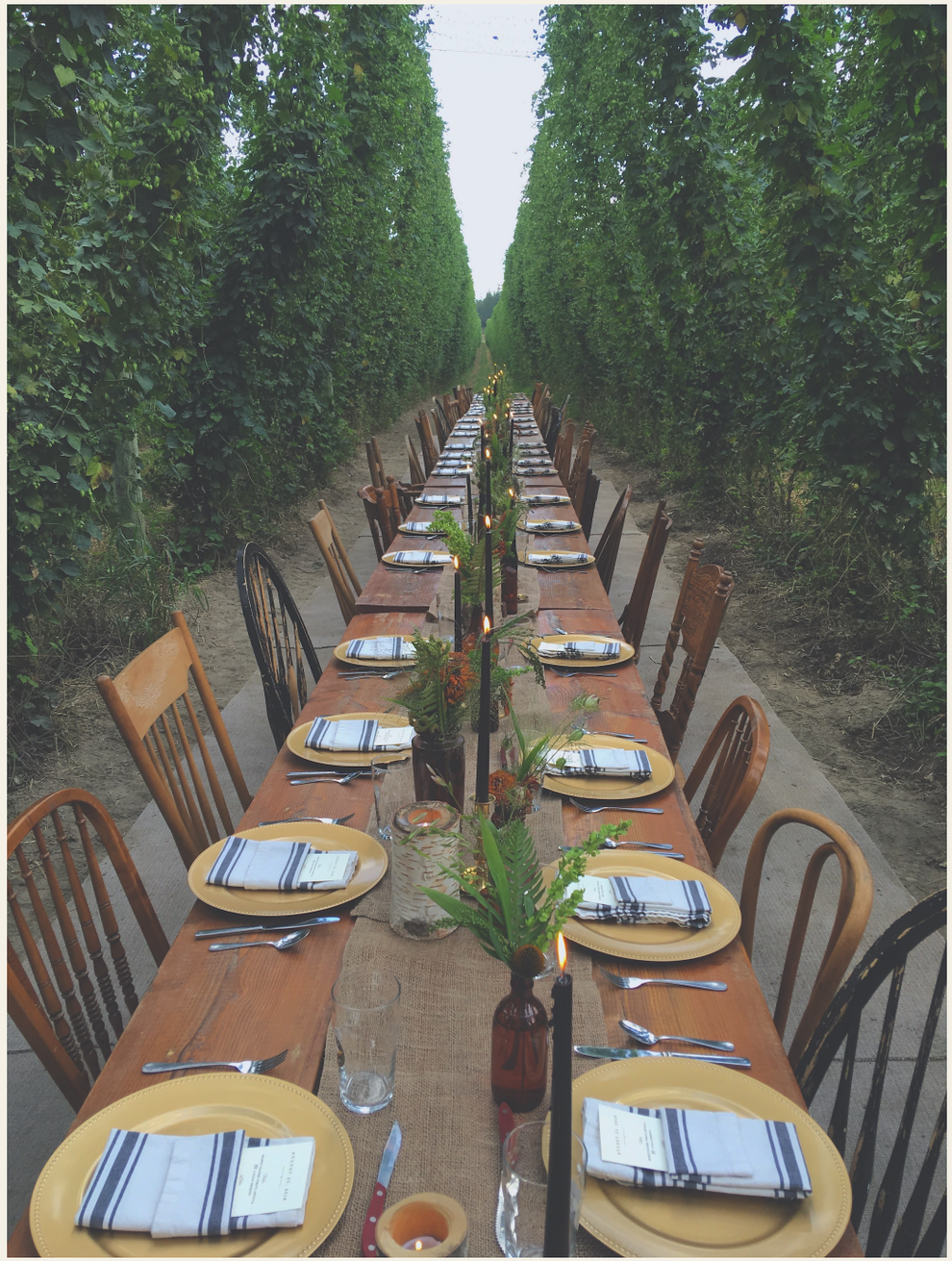
Who makes healthy choices the easiest choices.

Who treats your kitchen with the same respect they would bring to their own home.

That is the work.

Not simply preparing food.

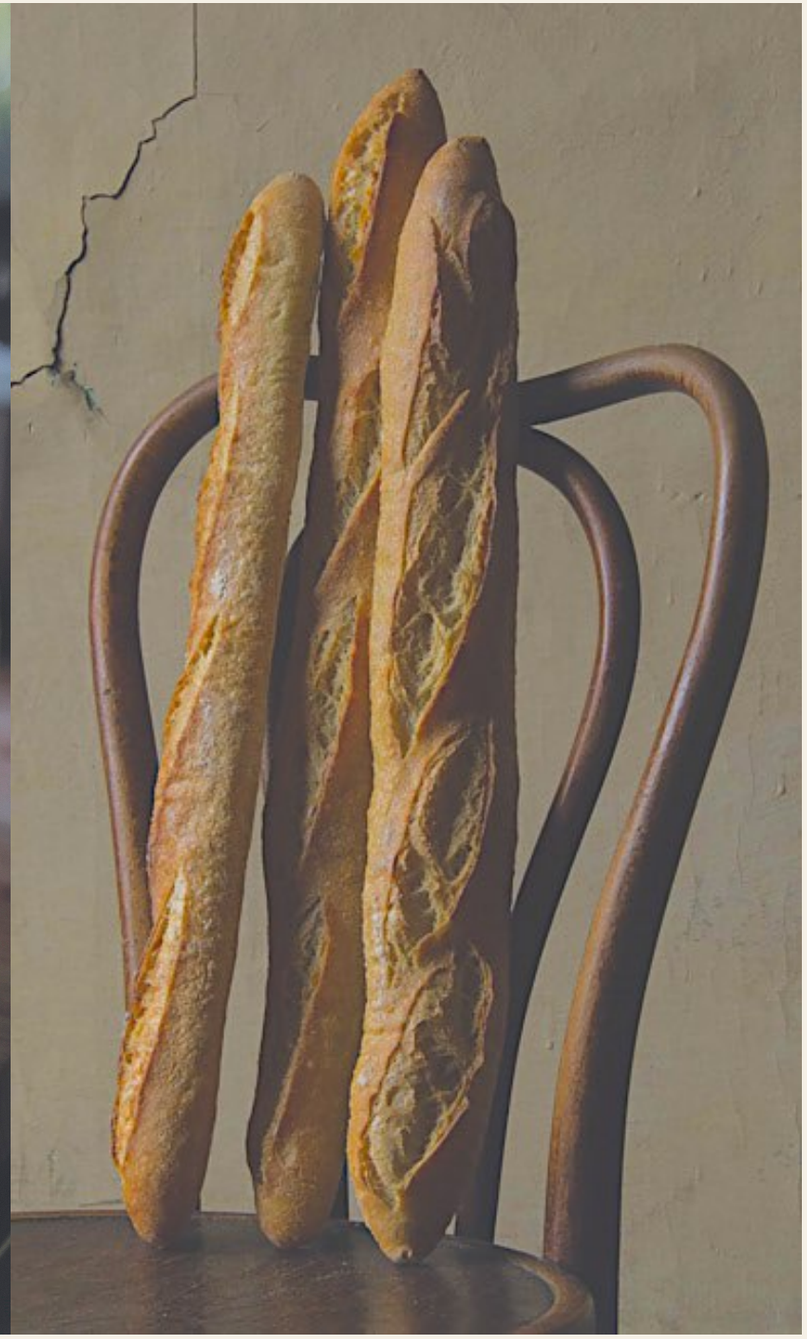
But thoughtfully caring for the place where nourishment begins.



Food With Purpose




Green Cabbage







FOOD WITH PURPOSE

Built around the way you live.

No two households are alike.

Some are raising young children. Some are balancing demanding careers. Some are caring for aging parents. Some are focused on athletic performance. Some are recovering. Some simply want dinner to feel less stressful.

Rather than asking your family to fit a program, Forest Glen Kitchen builds a kitchen around the way you live.

Each household receives a thoughtfully curated rhythm built around its own needs.

Fresh seasonal meals	Pantry staples
Naturally fermented foods	Garden harvest preservation
House-made stocks & condiments	Holiday preparation
Prepared vegetables	Guest-arrival stocking
Beautiful salads	Kitchen organization
Fresh bread	Knife care
Breakfasts	Nutrition, sports, keto, clean & balanced
Dressings	Thoughtfully prepared fresh meals for beloved pets



Every detail exists for one purpose:

To make everyday life feel a little lighter.

05 · THE PURPOSE

Why This Work Matters



For much of my career, I believed my work was about restaurants: beautiful dining rooms, carefully prepared plates, memorable evenings and exceptional hospitality.

Then life became personal.

When my son began struggling with his health, our family began asking different questions about food, nutrition, and the role a kitchen could play in supporting everyday well-being.

That journey transformed the way I cook. More importantly, it transformed the way I think about caring for people.

I developed a deeper respect for whole foods, traditional techniques, seasonality, fermentation, preparation, organization and the quiet influence that everyday habits have on the way we live.

Forest Glen Kitchen grew from those experiences.

Today, my purpose is no longer simply to prepare beautiful food. It is to help create homes where nourishment becomes easier, burdens become lighter and gathering around the table becomes one of the best parts of everyday life.

If this feels like the kind of home you would like to create, I would be honored to begin with a conversation.

— Chef Jeremy Leonard Hansen

MEMBERSHIP · BEGIN WITH A CONVERSATION

Forest Glen Kitchen works with a small number of households through monthly memberships starting at $3,000 (groceries to be billed separately).

To begin, email jeremylhansen3@gmail.com to arrange a private conversation. If it feels like the right fit, we will follow with a household questionnaire and an in-home kitchen consultation.

FOREST GLEN KITCHEN

Jeremy Leonard Hansen

FOUNDER

Thoughtfully caring for kitchens, so families can spend more time caring for one another.

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Thank you for inviting us into one of the most important rooms in your home.

FOUNDER'S EDITION

No. 1

Jeremy Leonard Hansen